

## VITA

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### EDUCATION

Psy.D. (1990) Clinical Psychology\*, Adler School of Professional Psychology (ASPP) (formerly Alfred Adler Institute, Chicago, Illinois) \*APA approved.

Certificate in Psychotherapy (1987), ASPP, Chicago, Illinois

Ed.D. (1971) in Guidance and Counseling from Wayne State University (minor in Educational Psychology)

M.S. (1968) in Guidance and Educational Psychology from Southern Illinois University (SIU), Carbondale

B.S. (1967) in Elementary Education, SIU

### LICENSES AND CERTIFICATIONS

Diplomate (#4321), Family Psychology, American Board of Professional Psychology

Diplomate (#90), Marriage and Family Therapy, American Board of Family Psychology

Diplomate, Adlerian Psychology, North American Society of Adlerian Psychology

Diplomate, American Psychotherapy Association

Certified Marriage and Family Therapist, State of Wisconsin, #230

Certified Professional Counselor, State of Wisconsin, #987

Certificate of Professional Qualification in Psychology, Association of State and Provincial Psychology Boards, #1252

Certified Family Therapist, National Academy for Certified Family Therapists, Inc., #2

Licensed Psychologist, State of Wisconsin, #811

Certified Psychologist, State of Hawaii, #143

National Register of Health Service Providers in Psychology, Registrant #50038  
 Certified School Psychologist, State of Wisconsin, #C642346365133  
 Certified Teacher K-8, State of Wisconsin  
 Certified School Counselor, State of Wisconsin  
 Certified Sex Therapist, AASECT (American Association of Sex Educators, Counselors, and Therapists)  
 Certificate of Proficiency in the Treatment of Alcohol and Other Substance Abuse Disorders, APA College of Professional Psychology (#AD002422)  
 Certified Alcohol and Drug Counselor, Wisconsin Certification Board, #12028  
 Clinical Member, AAMFT (American Association of Marriage and Family Therapists)  
 Member, ASCH (American Society for Clinical Hypnosis)  
 Fellow, American Orthopsychiatric Association  
 Diplomate, American Board of Sexology  
 Fellow, American Psychological Association  
 Fellow, Division 43, Family Psychology, APA (American Psychological Association)  
 Fellow, Division 29, Psychotherapy, APA  
 Fellow, Division 42, Independent Practice, APA  
 Fellow, Division 47, Exercise and Sport Psychology, APA  
 Fellow, Wisconsin Psychological Association  
 Member, American Family Therapy Academy  
 Fellow, Academy of Family Psychology  
 Fellow, American Association of Applied and Preventative Psychology

## EXPERIENCE

Elementary School Counselor, Deerfield, Illinois Public Schools, 1968-69  
 Instructor, Wayne State University, Department of Guidance and Counseling, 1969-71  
 University Professor, Counseling and School Psychology, Governors State University, Park Forest South, Illinois, 1971-73  
 Director of Guidance, The University School of Nova University (an open education setting for children from age 2 through grade 14), Fort Lauderdale, Florida, 1973-76  
 Associate Professor of Psychology, Behavioral Science Center, Nova University, Fort Lauderdale, Florida, 1973-76  
 Director, Hawaii Foundation Guidance Project, University of Hawaii-Manoa, Hawaii Curriculum Center, Honolulu, Hawaii, 1976, 1977  
 Assistant Professor, Counselor Education, University of Wisconsin-Whitewater, 1978-82  
 Assistant Clinical Professor, Preventive Medicine, Medical College of Wisconsin, Milwaukee, Wisconsin, 1984 - present  
 Faculty, Clinical Psychology, Adler School of Professional Psychology, Chicago, Illinois, 1987 - present  
 Counselor & School Psychologist, Woods School (K-8), Lake Geneva, Wisconsin, 1978 - present  
 Professor, Governors State University, Division of Psychology and Counseling, University Park, Illinois, 1989 - present

## CLINICAL EXPERIENCE

Private Practice, Center for Interpersonal Development, Chicago Heights, Illinois (Specializing in problems of parenting, marriage, family relations, and childhood), 1972-73  
 Private Practice, Communication and Motivation Training Institute, Coral Springs, Florida, 1973-76  
 Private Practice, Institute for Human Development, Nova University, Fort Lauderdale, Florida, 1974-75  
 Private Practice (Certified Psychologist-Hawaii #143), Human Resources Development Center, Honolulu, Hawaii, 1976-78  
 Private Practice (Licensed Psychologist-Wisconsin #811), Milwaukee Wellness Clinic, Milwaukee, Wisconsin, 1981-84  
 Psychologist and Director of the Lake Geneva Wellness Clinic, 101 Broad St., Suite 201, Lake Geneva, Wisconsin 53147, 1984-present

## PROFESSIONAL ASSOCIATIONS AND HONOR SOCIETIES

### Member-

American Association of Marriage and Family Therapists (Clinical Member)  
 American Psychological Association  
 (#17 Division of Counseling Psychology, #29 Division of Psychotherapy, #32  
 Division of Humanistic Psychology, #42 Independent Practice, #43 Family  
 Psychology, #47 Division of Sports Psychology, #51 Men and Masculinity)  
 American Family Therapy Academy  
 American Orthopsychiatry Association  
 American Society of Clinical Hypnosis  
 Association of Couples for Marriage Enrichment  
 American Group Psychotherapy Association  
 Academy of Psychologists in Marital and Family Therapy  
 Society for the Exploration of Psychotherapy Integration  
 North American Society of Adlerian Psychology  
 American Association of Sex Educators and Therapists (Certified Sex Therapist)  
 National Council on Family Relations  
 American Counseling Association  
 American School Counselors Association  
 Association for Counselor Education and Supervision  
 International Association of Marriage and Family Counselors  
 Association for Transpersonal Psychology  
 Kappa Delta Pi  
 Phi Delta Kappa  
 Chi Sigma Iota  
 International Round Table for the Advancement of Counseling

## PROFESSIONAL ACTIVITIES

President-Elect, International Association of Marriage and Family Counselors,  
 1991-92  
 President, International Association of Marriage and Family Counselors, 1992-94  
 Past-President, International Association of Marriage and Family Counselors,  
 1994-96  
 Representative, Governing Council, American Association of Counseling and  
 Development, 1991-92, ACA 1992-94  
 Representative, Joint Council on Family Therapy Training, 1992-94  
 Representative, Coalition on Family Diagnosis, 1993-96  
 Member, Organization, Administration, and Management Committee, American  
 Counseling Association, 1992-94  
 Governing Council liaison, Government Relations Committee, American Association of  
 Counseling and Development, 1991-92  
 Chair, International Association of Marriage and Family Counselors Publication/Media  
 Committee, 1994-96  
 Chair, International Association of Marriage and Family Counselors Professional  
 Training Standards Committee, 1990-91  
 Chair, International Association of Marriage and Family Counselors Distinguished  
 Presenters Series, 1992-Present  
 Chair, National Academy for Certified Family Therapist, 1994-Present  
 Examiner, American Board of Professional Psychology, 1991-Present  
 Board Member, Midwest Region, American Board of Professional Psychology,  
 1991-95  
 Board Member, American Board of Family Psychology, 1991-95  
 Secretary, American Board of Family Psychology, 1992-94  
 Executive Board, Wisconsin Association of Marriage and Family Therapy, 1989-91  
 Secretary, Wisconsin Psychological Association, 1986-90  
 Membership Chairman, Wisconsin Psychological Association, 1986-90  
 Administrative Council, Wisconsin Psychological Association, 1986-90  
 Chair, Distinguished Advisory Board, IAMFC, 1995-Present  
 Advisory Board – Coalition for Marriage, Family and Couples Education (Smart  
 Marriages, 1996-present  
 Chair, Publications Committee, American Counseling Association, 2003-2006  
 Reviewer, APA Division 17, Convention Program Proposal, 2002-2005  
 Advisory Board – American Psychotherapy Association

## AWARDS/RECOGNITIONS

Professional Development Award, American Counseling Association, 1993  
 Don Dinkmeyer Social Interest Award, American Counseling Association, 2004  
 Candace Ward Howell Humanitarian Award, IAMFC, 2003

Living Legend in Counseling, American Counseling Association, 2004  
 ACA Fellow, American Counseling Association, 2005  
 Annual Award, North American Society of Adlerian Psychology, May 1990, June 1996  
 Heinz L. & Rowena R. Ansbacher Lecture Award, North American Society of Adlerian Psychology (NASAP), May 1999, Atlanta  
 Counseling Vision and Innovation Award, Association for Counseling and Supervision, 1999  
 Media Award, International Association of Marriage and Family Counselors, 1999  
 Faculty Excellence Award, Governors State University, 1991, 1996, 1998, 2001, 2002, 2004, 2005  
 Distinguished Presenter, International Association of Marriage and Family Counselors (IAMFC), March 1992, April 1997  
 Gold Award, American Counseling Association Foundation, 2002  
 University Distinguished Professor, Governors State University, 1992-93  
 ABPP Dedicated and Meritorious Service Award, 1992, 1995  
 Plenary Speaker, International Counseling Conference. Singapore, 1992; Vancouver, 1994; Beijing, 1997; Sydney, 1998; Kuala Lumpur, 2001, Ho Chi Minh City, 2002, Bangkok, 2005  
 Special Award of Appreciation, Division #43 Family Psychology APA, 1993  
 Chi Sigma Iota, Outstanding Service to Gamma Sigma Upsilon, 1993  
 Distinguished Service Award, International Association of Marriage and Family Counselors, 1991-93, 1990-96  
 Outstanding Professional Award, International Association of Marriage and Family Counselors, 1994  
 Moderator, Evolution of Psychotherapy Conference, Anaheim, CA, 2000; 2005  
 Keynote Speaker, International Round Table of Counseling Conference/UN Year of Family (Munich), 1994  
 Keynote Speaker, SmartMarriages Conference, Orlando, Florida , 2001  
 Keynote Speaker, NASAP Conference, Vancouver, BC, 2003, Chicago, 2006  
 Keynote Speaker, ACA World Conference, Kansas City, 2004  
 Keynote Speaker, William Glasser Conference, Chicago, 2004

## PUBLICATIONS

### Books

1. Elementary School Guidance and Counseling: A Composite View (with William H. Van Hoose and John J. Pietrofesa), Houghton-Mifflin Co., Boston, 1973.
2. Consulting: Facilitating Human Potential and Change Processes (with Don C. Dinkmeyer), Charles Merrill, Columbus, OH 1973.
3. Consultation: A Book of Readings (with Don Dinkmeyer), John C. Wiley, New York, 1975.
4. The Consulting Process (with Howard Splete and Roy Kern), American Personnel and Guidance Association Press, Washington, DC, 1975.
5. The Centered Athlete (with Gay Hendricks), Spectrum Book, Prentice-Hall, Englewood Cliffs, NJ, 1981.
6. The Growing Teacher (with C. Thorpe), Spectrum Books, Prentice-Hall, Englewood Cliffs, NJ, 1984.

7. TIME for a Better Marriage (with D. Dinkmeyer), American Guidance Service, Circle Pines, MN 1984.
8. Counseling the Adolescent (with J. Lewis), Love Publishing Company, Denver, CO, 1988. (2nd Edition, 1992); (3rd Edition, 1998). (4<sup>th</sup> Edition 2002)
9. Taking Time for Love (with Don Dinkmeyer), Prentice-Hall, New York, 1989.
10. Marital Therapy: Integrating Theory and Techniques (with L. Sperry), Love Publishing Company, Denver, CO, 1991.
11. Family Counseling (with J. Lewis), Love Publishing Company, Denver, CO, 1991.
12. Psychopathology and Psychotherapy: Diagnosis and Treatment (with L. Sperry), Accelerated Development, Inc., Muncie, IN, 1993.
13. Health Counseling (with L. Sperry and J. Lewis), Brooks/Cole Publishing Company, Pacific Grove, CA, 1993.
14. Consultation: School Mental Health Professionals as Consultants (with D. Dinkmeyer and D. Dinkmeyer, Jr.), Accelerated Development, Muncie, IN, 1994.
15. Family Therapy: Ensuring Treatment Efficacy (with L. Sperry and J. Lewis), Books/Cole Publishing Company, Pacific Grove, CA, 1997.
16. The Disordered Couple (with L. Sperry), Brunner/Mazel, New York, 1998.
17. Psychopathology and Psychotherapy: From DSM-IV Diagnosis to Treatment (with L. Sperry), Taylor & Francis, Washington, DC, 1996.
18. Techniques in Adlerian Psychology (with S. Slavik), Taylor & Francis, Philadelphia, PA, 1997.
19. Interventions and Strategies in Counseling and Psychotherapy (with R. Watts), Taylor & Francis, Washington, DC, 1998.
20. The Intimate Couple (with L. Sperry), Brunner/Mazel, New York, 1998.
21. Theories of Family Therapy (with D. Kjos), Allyn & Bacon, Boston, MA, 2002 (includes student workbook and video)
22. Brief Therapy Strategies (with Len Sperry), Zeig/Tucker, Phoenix, AZ, 2000.
23. Becoming an Effective Therapist (with L. Sperry and D. Kjos), Allyn & Bacon, Boston, MA, 2003. (includes student workbook and video)
24. Consultation Process and Skills (with Don Dinkmeyer), Brunner Routledge, Philadelphia, PA, 2001. (3<sup>rd</sup> Ed., 2006)
25. Bad Therapy: Master Therapists Share Their Worst Failures (with Jeff Kottler), Brunner Routledge, New York, 2003.
26. Time for a Better Marriage ( Revised Edition) (with Don Dinkmeyer), Impact Publishers, Atascadero, CA., 2003.
27. The Mummy At The Dining Room Table (with Jeffrey Kottler), San Francisco: JosseyBass/Wiley, 2003. (Paperback, 2005)
28. Health Promotion and Health Counseling ( with Len Sperry, Judy Lewis and Matt Englar-Carlson), Boston: Allyn & Bacon, 2005.
29. American Shaman: An Odyssey of Global Healing Traditions (with Jeffrey Kottler and Brad Keeney), New York: Brunner Routledge, 2004.
30. Their Finest Hour (with Jeffrey Kottler), Boston: Allyn Bacon, 2005.
31. Culturally Inclusive Empathy Skills ( with Hugh Crethar and Paul Pedersen), Washington D.C.: American Psychological Association, 2007.
32. Adlerian Therapy: Theory and Practice (with Richard Watts and M. Maniacci), Washington D.C.: American Psychological Association, 2006.

33. Humor Therapy (with Joe Martin), Neatly Chiseled Press
34. The Client Who Changed Me (with Jeffrey Kottler), New York: Brunner Routledge, 2005.
35. Couples Therapy (with Len Sperry and Paul Peluso), Denver, Love Publishing Co., 2005.
36. Family Therapy Techniques (with Len Sperry and Judy Lewis), New York, Routledge, 2005.
37. Adlerian Theory (with Steve Slavik), New York, Routledge, 2005.
38. Addiction the Middle Way (with Alan Marlatt), New York, Guilford
39. Moved By The Spirit (with Jeffrey Kottler), Atascadero, CA, Impact Books, 2006.
40. Cross Cultural Awareness & Social Justices in Counseling (with Cyrus Ellis), New York, Routledge, 2007.

## PROGRAMS

1. T.I.M.E. (Training in Marital Enrichment), (with D. Dinkmeyer), American Guidance Services, Circle Pines, MN, 1984.
2. P.R.E.P. (Preparation for Effective Family Living), (with D. Dinkmeyer, G. McKay, D. Dinkmeyer, Jr., and J. Dinkmeyer), American Guidance Service, Circle Pines, MN, 1985.

## AUDIOTAPES/VIDEOTAPES

1. Stress Management for Children and Adults. CMTI Press, Coral Springs, FL, 1982.
2. Time to Relax and Imagine. American Guidance Service, Circle Pines, MN, 1984.
3. Taking Time for Love (with A.Y. Napier & L.C. Pogrebin). Governors State University, University Park, IL, 1990.
4. Demonstration with Couples in Counseling: Using Assessment and Counseling with Couples Facing Divorce. (with D. Dinkmeyer), ACA/IAMFC, 1992.
5. Demonstration with Couples in Counseling: Using Assessment and Counseling to Work with Chemical Dependency. (with D. Dinkmeyer), ACA/IAMFC, 1992.
6. Marital Therapy: Important Therapeutic Considerations. ERIC/CAPS, 1992.
7. Psychotherapy with the Experts. (with D. Kjos) (18 part video series with Dr. James Bugental, Dr. Donald Meichenbaum, Insoo Kim Berg, Dr. Robert Wubbolding, Dr. Ernest Rossi, Mary Goulding, Dr. Arnold Lazarus, Dr. Lenore Walker, Dr. Kenneth Hardy, Dr. Allen Ivey, Dr. Jill Savege Scharff, Jeffrey Kottler, Dr. John Krumboltz and Dr. Natalie Rogers), Allyn & Bacon, Needham Heights, MA.
8. Family Therapy with the Experts. (with D. Kjos) (17 part video series with Bill O'Hanlon, David and Jill Scharff, Richard Schwartz, Gus Napier, Harry Aponte, Phil Guerin, James Coyne, Richard Stuart, Jean McLendon, James Bitter, Steve Madigan, Mary Arnold, Cheryl Rampage), (6 additional videos with Bill Doherty, Frank Pittman, Pat Love, Domeena Renshaw, Ken Hardy and Susan Johnson), Allyn and Bacon, Needham Heights, MA, 2000 Allyn & Bacon, Needham Heights, MA.
9. Psychopathology and Psychotherapy: Diagnosis and Treatment. (with L. Sperry & D. Kjos), (video), Taylor & Francis, Washington, DC, 1997.

10. Brief Therapy Inside Out (with D. Kjos), (15 part video series with Michael Hoyt, Art Freeman, Leigh McCullough, Stephen Lankton, Francine Shapiro, Steve Andreas, William Glasser, Matthew Selekman, Scott Miller, Peggy Papp, Brad Keeney, Judith Beck, Michael Yapko, Len Sperry), Zeig/Tucker, Redding, CT, 2000.
11. Living Love (with P. Love) (7 part video series with Harville Hendrix, Gay and Kathlynn Hendricks, Richard Stuart, William and Carleen Glasser, John Gray, Pat Love, and Michele Weiner-Davis), Zeig/Tucker, Redding, CT, 2000.
12. Working as a Counseling Team (with M. Arnold) ACA/IAMFC, 1997.
13. Adlerian Psychotherapy. Psychotherapy with the Experts, Allyn & Bacon, Needham Heights, MA, 1998.
14. Cultural Family Therapy. Family Therapy with the Experts (with M. Arnold), Allyn & Bacon, Needham Heights, MA, 1998.
15. Brief Therapy for Addictions (with J. Lewis), (8 part video series with Bruce Liese, Insoo Kim Berg, Robert Wubbolding, Joan Zweben, Alan Marlatt, John Norcross, Barbara MaCready, and Bill Miller), Allyn and Bacon, Needham Heights, MA, 2000.
16. Seven Skills for Addiction Free Living (with J. Lewis), (7 part video series with Robert Alberti, Lorraine Collins, Reid Hester, Jon Carlson and Judy Lewis, Terry Real, Robert Myers and Jane Smith, and Peter Palanca, Allyn and Bacon, Needham Heights, MA, 2000.
17. Parenting with the Experts (with Pat Love), (13 part video series with John Gray, John Friel, Ron Taffel, Hanoch McCarty, John Covey, Bill Doherty, Sylvia Rimm, Jon and Myla Kabat-Zinn, Jane Nelsen, Thomas Phelen, Mark Kiselica, Steven Stosney, and James Bray), Allyn and Bacon, Needham Heights, MA.
18. Child Therapy with the Experts (with Don Keat), (12 part video series with Janet Sasson-Edgette, Jerry Koocher, Terry Kottman, Violet Oaklander, Anin Utigaard, Stephen Madigan, John Murphy, David, Scharff, Robert Wubbolding, Bruce Masek, Jon Carlson, Don Keat), Allyn and Bacon, Needham Heights, MA, 2001.
19. Consultation Process and Skills: A Video (with Don Dinkmeyer, Jr.), Accelerated Development, Philadelphia, PA, 2000.
20. Couples Therapy (with Richard Schwartz), (3 part video series including six sessions of ongoing family therapy), Allyn and Bacon, Needham Heights, MA, 2000.
21. Counseling at It's Best (with J. Lewis and M. Arnold). American Counseling Association, 2000.
22. Imago Master Therapists ( 5 part video series with Bruce Crapuchettes, Joyce Buckner, Sunny Shulkin, Pat Love, and Maya Kollman)
23. Behavioral Health and Health Counseling (video series with Ann Kearney-Cooke, Kate Hays, Bonnie Spring, Len Sperry, Robert Gatchel, Lisa Firestone, Ed Stepanski, William R. Miller, Bruce Bender, Susan Haber, Andrea Patenaude, Alan Delameter, Don Penzien, Sara Qualls, James Mulick, Linda & Mark Sobell, G. Terence Wilson). American Psychological Association Press, Washington DC.
24. Relationships (video series with James Alexander, Ed Christopersen, Pat Pitta, Ruperto Perez, Karen Zager, Mark Stevens, Arthur Freeman, Paula Hartman-Stein, Tamara Goldman Sher, Mark Whisman, Bob Enright, Rick Fitzgibbons, Doug Snyder, Barry McCarthy, Marc Nemiroff, Tim Elliot, Leslie Greenberg, Jon Carlson, Jay Lebow), American Psychological Association Press, Washington DC.
25. Systems of Psychotherapy ( video series with Stan Messer, Jon Carlson, Bob Neimeyer, Scott Miller, Leigh McCullough and Gordon Wheeler, Judith Beck, Kirk Schneider, Paul

- Wachtel, Don Meichenbaum, Nancy McWilliams, Jeffrey Young, Steven Lynn, Lynn Angus, Robert Wubbolding), American Psychological Association Press, Washington DC.
26. Treatments for Specific Problems ( video series with Paul Pedersen, Leslie Greenberg, Bill Miller, Reid Wilson, Laura Brown, Michael Yapko, Robert Resnick , Vince Monastra, Anne Marie Albano, Alan Berman, G. Andrew Benjamin, Nancy Petry, Mark Savickas, Robert Bornstein, Jeffrey Magnavita, Phyllis Koch-Sheras, Larry Beutler, Martin Antony). American Psychological Association Press, Washington D.C.
  27. Spirituality ( video series with Zindel Segal, Alan Marlatt, Lisa Miller, Scott Richards, Ed Shafranske, Mark McMinn, Lorne Ladner), American Psychological Association Press
  28. Multi-Cultural ( video series with Patricia Arredondo, Thomas Parham, Winona Sims, Jean Lau Chin, Maria Root, Melba Vasquez), American Psychological Association Press, Washington DC.
  29. Psychology in Schools (video series with Wes Crenshaw, Arthur M Horne, Mary Larimer, Jon Carlson, William Glasser, Cheryl McNeil ), American Psychological Association Press, Washington DC.
  30. Children & Adolescent Therapy ( video series with David Miklowitz, John Littrell, Alec Miller), American Psychological Association, Washington D.C.
  31. Psychotherapy over Time, (Jon Carlson, Leslie Greenberg, G. Alan Marlatt) American Psychological Association Press, Washington DC.
  32. Gero-Psychology ( video series with Peter Lichtenberg, Greg Hinrichsen), American Psychological Association Press, Washington D.C.
  33. Stimulus Video: Boundaries, American Psychological Association Press, Washington DC.
  34. Living Legends (with Albert Ellis, William Glasser, John Krumboltz, Patricia Arredondo and Jon Carlson), American Counseling Association, Washington, DC.
  35. Latino Worldviews in Counseling, American Counseling Association, Washington, D.C.

## ARTICLES

1. \*"Guidance for All Through Support Personnel, " (with D. Cavins and D. Dinkmeyer), The School Counselor, May, 1969.
2. "Case Analysis: Parent Group Consultation," Elementary School Guidance and Counseling Journal, December, 1969.
3. "Elementary Guidance Materials, " (with D. Dinkmeyer, D. Cavins, M. Dereby, and M. Doherty, Illinois Journal of Education, April, 1970.
4. "The Roles of the Elementary School Counselor: Counseling, Consulting or Guidance Services?," (with J. Rotter and W.H. Van Hoose), The School Guidance Worker, October, 1970.
5. "The Great Debate Over a Rigid Counselor Roles: May it Rest in Peace," (with J. Pietrofesa), Michigan Personnel and Guidance Journal, Fall, 1970.
6. \*"Fading: A Behavioral Procedure to Increase Independent Behavior," (with G.R. Mayer), The School Counselor, January, 1971.
7. "The Power of Negative Teaching," (with J. Rotter and D. Dinkmeyer), Teacher's Voice, (Michigan Educational Association), February, 1971.
8. \*"A Tri-Level Guidance Structure: An Answer to Our Apparent Ineffectiveness," (with J. Pietrofesa), Elementary School Guidance and Counseling Journal, March, 1971.

9. "Status of Elementary School Guidance in Large Cities," (with W.H. Van Hoose), Elementary School Guidance and Counseling Journal, October, 1971.
10. "Self-Referral of Other Referral?," (with R.C. Nelson and M. Kinnan), Elementary School Guidance and Counseling Journal, December, 1971.
11. "Who are Our Clients?," (with R.C. Nelson), Elementary School Guidance and Counseling Journal, April, 1972.
12. "Status of Guidance in the Elementary School: 1970-71," (with W.H. Van Hoose), Personnel and Guidance Journal, April, 1972.
13. \*"Consulting: Facilitating School Change," Elementary School Guidance and Counseling Journal, December, 1972.
14. \*"The Future of School Counseling," Focus on Guidance, March, 1973.
15. "Consulting," School Psychology Digest, Winter, 1973.
16. \*"Understanding Behavior Through Comprehending Consequences," (with D. Dinkmeyer), The Elementary School Journal, April, 1973.
17. "Values: The First Priority," (with C. Koval), Journal of Counseling and Values, Summer, 1973.
18. "Human Sexuality and the School Counselor," (with J. Pietrofesa), Journal of Counseling and Values, Summer, 1973.
19. \*"Assessment and Testing for Meaningful Learning," (with D. Dinkmeyer), Focus on Guidance, September, 1974.
20. "Facilitating Parent Teacher Conferences," (with B. Hillman), The School Counselor, March, 1975.
21. "Parent Conference: Opportunity or Dreaded Obligation?," (with B. Hillman), Canadian Counselor, Spring, 1975.
22. "Parent Consulting: Developing Power Bases and Helping People," (with M. Jarman), Psychology in the Schools, Summer, 1975.
23. "Understanding the Whole Child: Self-Concept," (with D. Dinkmeyer and C. Koval), Education, January, 1976.
24. \*"Necessary Skills for Parenting," (with B. Faiber), Focus on Guidance, March, 1976.
25. "The Perceptual Organization of Counselors at the Elementary, Secondary and Community College Level: Implications for Training" (with J. Rottor and W.H. Van Hoose), Journal of Counseling Services, Spring, 1976.
26. "Developing Family Competencies: An Adlerian Model," (with P. Portes and D. Fullmer), International Journal of Family Counseling, March, 1977.
27. \*"Family Counseling-Consultation," (with D. Fullmer), Focus on Guidance, January, 1977.
28. "Consulting: Training Counselors to Work with Teachers, Parents, and Administrators," (with D. Dinkmeyer), Counselor Education and Supervision, Spring, 1977.
29. "Effective Education Through Affective Education," (with C. Koval), The Individual Psychologist, May, 1977.
30. \*"Group Methods for Adolescent Development," (with D. Dinkmeyer), Counseling and Human Development, January, 1978.
31. \*Basics of Discipline. CMTI Press, 1978, (2nd Ed., 1980), (Greek Edition, 1980).
32. \*"Discipline: Using Natural and Logical Methods that Develop Responsibility," Counseling and Human Development, October, 1978.

33. \*'"Consultation with Administrators, Teachers, Students and Parents"', In Herr, E.L., Baker, S.R., Hudson, G.R. and Keat, D.B., Leadership in Guidance: Perspectives on Content, Process, Directions. Harrisburg, PA: Pennsylvania Department of Education, 1978.
34. "Kenneth Cooper: The Man Who Started America Running," The Wisconsin Counselor, Fall, 1979.
35. "Health, Wellness, and Transpersonal Approaches to Helping," Elementary School Guidance and Counseling Journal, December, 1979.
36. Jim Fadiman: Expanding the Spectrum of Consciousness," The Wisconsin Counselor, Winter, 1980.
37. \*'"Motivation," Counseling and Human Development, February, 1980.
38. "Working with Women in Groups," (with D. Golding), The Individual Psychologist, May/June, 1980.
39. "Adlerian Family Counseling," (with R. Kern), Elementary School Guidance and Counseling Journal, May, 1981.
40. "Author and Subject Index: The Individual Psychologist, Volumes #1-17," (with S. Daase), The Individual Psychologist, September/December, 1980.
41. \*'"Physical Fitness as a Pathway to Wellness and Effective Counseling," (with D. Ardell), Counseling and Human Development, March, 1981.
42. "The Multi-Modal Effect of Physical Exercise," Elementary School Guidance and Counseling Journal, April, 1982.
43. "Bob Powers: Adlerian Psychologist," Wisconsin Counselor, Winter, 1982.
44. \*'"Sexual Counseling," (with R. Pion and J. Annon), Counseling and Human Development, June, 1982.
45. Basics of Stress Management. CMTI Press, 1982.
46. "How the Mind Affects the Body," (with G. Hendricks), Racquetball Illustrated, May, 1982.
47. "The Mental Imagery Process," (with G. Hendricks), Racquetball Illustrated, May, 1982.
48. "Counselor Computer Competencies," (with D. Dinkmeyer, Jr.), Elementary School Guidance and Counseling, October, 1983.
49. "T.I.M.E. for a Better Marriage," (with D. Dinkmeyer), Journal for Psychotherapy and the Family, Spring, 1986.
50. "T.I.M.E. for a Better Marriage," (with D. Dinkmeyer), Individual Psychology, December, 1985.
51. "Marriage Enrichment and Marital Therapy," (with D. Dinkmeyer), American Journal of Family Therapy, Summer, 1986.
52. "The Stress-Illness Paradigm: Relationship to Social Interest and Coping," (with J.J. Zarski, J.D. West, and E.G. Gintner), Journal of Mental Health Counseling, Volume 9, Number 4, October 1987.
53. "Adlerian Marriage Therapy," (with D. Dinkmeyer), American Journal of Family Therapy, Winter, 1988.
54. "Brief Therapy for Health Promotion," Individual Psychology, March/June, 1989.
55. "Guidance in a Small School," (with D. Dinkmeyer, Jr.), The School Counselor, January, 1990.

56. "Enhancing Brief Marital Therapy with Psychoeducational Interventions," (with L. Sperry), Journal of Couples Therapy, Volume 1, Number 1, 1990.
57. "Counseling Through Physical Fitness and Exercise," Elementary School Guidance and Counseling Journal, April, 1990.
58. "Psychoeducation in Marital Therapy," (with L. Sperry), Innovations in Clinical Practice: A Source Book, Volume 9, 1990.
59. \*"Marital Therapy with Alcohol-Affected Couples: Treatment Strategies," (with S. Arkin and J. Lewis), Individual Psychology, June, 1990.
60. \*"Hypnosis, Tailoring and Multi-Modal Treatment," (with L. Sperry), Individual Psychology, December, 1990.
61. "Psychoeducational Approach to Marital Counseling/Therapy," IAMFC Newsletter, Spring, 1990.
62. "Tailoring Treatment in Marital Therapy: The Assessment Phase," (with L. Sperry), The Family Psychologist, Summer, 1990.
63. "The Impact of Biological Factors on Marital Functioning," (with L. Sperry), The American Journal of Family Therapy, Summer, 1992.
64. "A Model for Adlerian Family Interventions with the Chronically Mentally Ill," (with M. Maniaci), The American Journal of Family Therapy, Fall, 1991.
65. "Introducing Relapse Prevention into Family Psychology," (with L. Sperry), The Family Psychologist, Autumn, 1990.
66. Basics of Marriage, (with D. Dinkmeyer), CMTI Press, 1990.
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\* Reprinted in books of readings.

#### EDITOR/EDITORIAL BOARDS

1. Editor, Individual Psychology: The Journal of Adlerian Theory, Research, and Practice, University of Texas Press, 1982-95, Consulting Editor, 1995-Present.
2. Editor, The Individual Psychologist, Journal of the North American Society of Adlerian Psychology, 1979-82.
3. Associate Editor, The Family Psychologist, Bulletin of Division 43, APA, 1988-89.
4. Editor, The Family Psychologist, Bulletin of Division 43, APA, 1989-92.
5. Editor, Exercise and Sports Psychology Newsletter, Bulletin of Division 47, APA, 1992-93.
6. Founding Editor, Topics in Family Psychology and Counseling, Aspen Publishing, 1990-91.
7. Editor-in-Chief, The International Journal of Individual Psychology and Comparative Studies, 1990-91.
8. Founding Editor, The Family Journal: Counseling and Therapy for Couples and Families, Journal of the International Association of Marriage and Family Counselors, ACA, Sage Publishers, 1991-2005, Winner, Honorable Mention, Gold Circle Award, 1993.
9. Editor, Family Psychology and Counseling Series, IAMFC Monograph Series.
  - 1994: "Mid-Life Divorce Counseling" (Lita Linzer Schwartz).
  - 1994: "Transitioning from Individual to Family Counseling" (Charles H. Huber).
  - 1995: "Understanding Stepfamilies: Implications for Assessment and Treatment" (Debra K. Huntley).
  - 1995: "Counseling Families with Chronic Illness" (Susan H. McDaniel).
  - 1997: "Counseling the Aging and Their Families" (Irene Deitch & Candace Ward Howell).
  - 1997: Social Construction in Couples and Family Counseling" (James Bitter, John West, & Don Bubenzer).
  - 1998: "Counseling with Asian Family" (Kit S. Ng).
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  - 1999: "Ethics and Family Therapy" (Patricia Stevens-Smith).
  - 1999: "Techniques in Marriage and Family Therapy #1" (Richard Watts).
  - 2001: "African-American Family Counseling" (JoAnn Lipford-Sanders and Carla Bradley)
  - 2002: "High Performing Families" (Bryan Robinson and Nancy Chase)
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  - 2002: "Practical Approaches for School Counselors" (Lynn D. Miller)
  - 2002: "Techniques in Marriage and Family Therapy, #2" (Richard Watts)
10. Editor, Family Therapy and Counseling Series, Routledge
  - 2003: "Attachment in Family Systems" (Phyllis Erdman and Thomas Caffey)

- 2003: "Global Perspectives in Family Therapy" (Kit Ng)  
 2004: "Assessment of Couples and Family" (Len Sperry)  
 2004: "Treating Families and Children in the Child Protection System"  
 (Wes Crenshaw)  
 2005: "Family Therapy with Children" (Kate Sori)  
 2005: "Counseling and Family Therapy with Latino Populations" (Robert Smith and Esteban Montilla)
11. Associate Editor, The Journal of Humanistic Education and Development, 1981-85.
  12. Guest Editor, Special "Consulting" Issue of Elementary School Guidance and Counseling Journal, December, 1972.
  13. Guest Editor, Special "Health, Wellness, and Transpersonal Approaches to Helping" Issue of Elementary School Guidance and Counseling Journal, December, 1979.
  14. Guest Editor, Special "Holistic Health and Humanistic Education" Issue of The Journal of Humanistic Education and Development, October, 1982.
  15. Guest Editor with D. Dinkmeyer, Jr., Special "Computer" Issue of Elementary School Guidance and Counseling Journal, October, 1983.

#### EDITORIAL BOARDS

1. Ad hoc reviewer, Journal of Marital and Family Therapy, 1990-present.
2. Ad hoc reviewer, Journal of Family Psychology, 1990-present.
3. Editorial Board, American Journal of Family Therapy, 1984-present.
4. Charter Editorial Board, Family Counseling and Therapy, (Love Publishing), 1991- 1993.
5. Editorial Board, The School Counselor, 1972-75.
6. Editorial Board, Counselor Education and Supervision, 1990-92.
7. Charter Editorial Board, Counseling and Human Development, 1980-84.
8. Editorial Board, Elementary School Guidance and Counseling Journal, 1977-82.

#### OTHER

1. Editor, Books and Materials Review Column, Individual Psychology, 1982-95.
2. Editor, "ALERT/UPDATE" Column, Elementary School Guidance and Counseling Journal, 1980-88.
3. Editor, Brief Book Review Column, The Family Psychologist, 1989-93.
4. Reviewer, American Guidance Service, STEP program, 1975; STET program, 1979; DUSO program, 1970, 1971, and 1979.
5. Editor, IAMFC Distinguished Presenter Videotape Series.
  - 1992: "Counseling a Couple Facing Divorce" (Don Dinkmeyer & Jon Carlson).  
 "Using Assessment and Counseling to Work with Chemical Dependency" (Don Dinkmeyer & Jon Carlson).  
 "Dealing with Family of Origin Issues" (James Framo).
  - 1993: "Intergenerational Gender Focused Therapy" (Gus Napier).  
 "Narrative Therapy Using a Reflecting Team" (Michael White).  
 "Solution-Focused Brief Therapy" (Insoo Kim Berg).
  - 1994: "Relationship Enhancement Therapy" (Bernard Guerney).  
 "Couples Therapy" (Monica McGoldrick).

- "Constructivist Therapy" (Karl Tomm).
- 1995: "Brief Solution Oriented Therapy" (Bill O'Hanlon).
- "Hot Monogamy" (Pat Love).
- 1996: "Flying Solo" (Carol Anderson).
- "Diversity and Families" (Ken Hardy).
- "Object-Relations Family Therapy" (David and Jill Scharff).
- 1997: Jose Szapocznik
- "Behavioral Marriage Counseling" (Richard Stuart)
- "Working as a Counseling Team" (Jon Carlson and Mary Smith Arnold)
- 1998: "Integrative Family Therapy" (Robert and Patricia Stevens-Smith)
- "Structural Therapy" (Harry Aponte)
- "Feminist Family Therapy" (Marianne Walters)
- 1999: "Couples Hypnotherapy" (Jeff Zeig)
- "Feminist Couples Therapy" (Laura Brown)
- "Reality Therapy with Couples" (Robert Wubbolding)
- 2000: "Mars and Venus Relationship Counseling" (John Gray)
- "Multimodal Therapy with Couples" (Arnold Lazarus)
- "Sexuality Counseling with Couples" (Twinet Parmer)
- 6. Advisory Board, Routledge Publishers (Taylor & Francis), New York, NY, 1998-present
- 7. Co-creator, Cartoon Strip, On the Edge with Joe Martin. Syndicated by Neatly Chiseled Features, 2006